

What is a Warm Bank?

Warm Hubs are intended as places in local communities where people can find a safe, accessible and warm environment during the day to help reduce the cost of heating their own homes and to help those facing extreme fuel poverty this winter due to the cost of living crisis.

As with food banks, the people and groups setting them up are doing great work to help others within their community. It is a mark of the desperate state of poverty in the UK that warm banks are needed at all.

Warm banks are being set up within Argyll & Bute by charities local businesses and supermarkets to assist people within their communities this winter. Details are as follows:

Supermarkets acting as warm banks this winter

Many supermarkets are also offering a free, or cheap, hot meal this winter. Morrison's has launched its "Ask for Henry scheme" – providing a free baked potato with Heinz Beanz. ASDA has launched a £1 "winter warmer" meal deal including soup, a roll and unlimited tea or coffee for over-60s. ASDA also has a scheme for kids to eat for £1.

Local Warm Banks

Bute Oasis Food Bank- 6 Argyle Street, Rothesay, Isle of Bute

If you fancy some food, company, free WIFI and warmth why not drop into Bute Oasis who are offering a warm space with homemade soup every Wednesday - 3:30PM-5.30PM.

Everyone, including children are welcome with the soup free of charge. Surplus soup will be given to take away.

Donations are welcomed!

Port Gala Team-The Anchor Tavern, 33 Marine Road, Port Bannatyne, Isle of Bute

Winter Warmer Hub! EVERY WEDNESDAY 3:30PM-5:30PM

Everyone, including children are welcome!

The soup is free but please give a donation if you can afford it so they can continue to help each other.

You don't need any particular reason to go other than fancying some food, some company and a bit of warmth.

You'll be welcome to sit in the heated space and meet other villagers to have a chat or you can play board games, read, use the wi-fi or just sit by yourself and enjoy the soup.

If they have surplus soup that week, you can take it home if you bring a container.

Dunoon Area Alliance and Dunoon Burgh Hall- 195 Argyll Street, Dunoon

Dunoon Area Alliance and Dunoon Burgh Hall have teamed up to provide Soup-er Sundays for free

Everyone including children are welcome on selected Sundays:

6th November, 27th November, 11th December, 8th January, 15th January and 29th January from 12Noon to 4PM.

Donations are welcomed!

Blairmore Villiage Hall, Dunoon PA23 8TL

Blairmore Village Hall hosts a weekly "Drop in" on a Thursday morning. Called the Shore Hub, it is a warm and welcoming space for folk to go in for as long as they wish to. There is no charge, and if demand were sufficient, they could extend it to include a soup-and-sandwich lunch.

Contact for information is Agnes Harvey, 07802 424487- or just pop along to Blairmore from 11:00AM on a Thursday.

Dunoon Foodbank, High Kirk Hall, Dunoon

The foodbank in Dunoon is currently offering a Thursday 4-6:30PM and Friday 10AM-12Noon as a warm space with free refreshments. They are awaiting new premises and hope to be hosting a warm space from Monday to Friday soon.

Grey Matters Active Ageing Centre- 61 West Princes Street, Helensburgh

Grey Matters Active Ageing are keeping the older community in Helensburgh and Lomond warm this winter. They have two 'Hot Spot' coffee mornings a week -Tuesday and Friday at 10:30AM where warm drinks and even warmer company is offered. They also have 10 other interest groups to tap into during the week and are adding to them all the time including more evening and weekend activities too.

They have organised outings and several festive celebrations for the coming months so there's plenty to look forward to during bleak times.

Pop along to the Active Ageing Centre and find out more!

Tarbert Food Pantry- Church of Scotland Hall, Campbeltown Road, Tarbert

Tarbert Food Pantry are running a warm space and food share on Wednesdays between 12Noon and 1:30PM. The warm space allows people to pop in and have a chat, some soup, something warm to eat, tea, coffee, biscuits and be with others in a warm safe space, where you are made to feel included and most welcome.

If anyone needs any advice or emergency food parcels, they are able to assist with this and if they can't help for any reason, they know other agencies who can!

Warm Rooms- The Dunaverty Hall, Southend, Campbeltown

Every Wednesday 10AM-12noon Come along for a chat and enjoy the friendly atmosphere in warm, comfortable surroundings. There will be free tea, coffee and biscuits.

Furnace Village Hall- Furnace, Mid Argyll

There will be a 'Heat and Greet' session in Furnace Village Hall every Wednesday from 9th November between 10AM to 4PM. Hot drinks, soup and a chance to socialise for all age groups.

The George Hotel- Main Street, Inveraray

Inspire Inveraray and The George Hotel with support from Ridge Clean Energy are working to ensure people of pension age residing in Inveraray have a warm space to go to this winter.

The George Hotel are offering hot food and hot drinks by the fire every Monday from 12Noon **entirely free of charge**. A minibus will collect you and drop you off. Please call The George on 01499 302111 or pop into the hotel for more details.

MS Centre Mid Argyll- Campbell Street, Lochgilphead

The Multiple Sclerosis Centre in Lochgilphead are offering the local community a Warm Space to meet during the Winter months every Monday from 7th November 12PM to 2PM.

They will provide a warm friendly welcome, a cup of soup, hot drinks and other refreshments, free Wifi and charging points. There will be no charge to anyone who uses the Warm Space. During the Warm Space sessions, they aim to have a "Coorie Cupboard" containing fleeces, socks, gloves and other warm items available free of charge too.

Donations are welcomed!

Mid Argyll Hospital Team Warm Space- Physio Gym, Mid Argyll Hospital, Lochgilphead

Come and enjoy a cuppa and blether every Tuesday afternoon from 1:30PM-4PM.

Tea, Coffee, Soup, Sandiwches and good chat all free to enjoy.

Please enter via the back door/Physio entrance.

No restrictions and available to everyone!

Benderloch Warm Space Initiative, The Campbell Memorial Hall, Benderloch

Books, Broth and a Blether is a collaboration between Bookends Festival, Benderloch and Ardchattan Church as a warm space initiative.

Every Tuesday from 11:30Am till 3PM sit in the warmth with a bowl of soup, tea or coffee and enjoy a selection of pre-loved books from the Bookends collection.

This is a Free Event, a warm space initiative for those in Benderloch and beyond!

MacTaggart Youth & families Outreach Services The Cyber Building, Port Ellen, Isle of Islay

The Warm Hub, 12-3pm every Tuesday. Supported by St John's Church. Soup, sandwiches, cake and a lovely cup of tea or coffee available. Everyone welcome.

MacTaggart Youth & families Outreach Services, Mactaggart Leisure Centre, Bowmore, Isle of Islay

After school Warm Hub, every Tuesday 3.30pm – 5pm. Soup, snacks and a hot drink

An Cridhe Community Centre- Isle of Coll

An Cridhe Community Centre have a warm space open from 9AM to 9PM each day. There is tea and coffee and free internet available.

Live Argyll Libraries – Throughout Argyll & Bute

Live Argyll have launched their 'Winter at the Live Argyll Libraries' initiative, inviting people to use their libraries as warm spaces, and providing games, puzzles and as well as the use of library resources.

You can find all information about this initiative here including opening times for the libraries taking part: [Winter at the library - Live Argyll](#)

Community Food Organisations

Helensburgh & Lomond

- Helensburgh Foodbank –British Red Cross Hall, 116 East Princess Street
- Rosneath Peninsula Foodbank- Howie Memorial Pavillion
- Arrochar GP Surgery-Kirkfeild Place, Arrochar
- BASIC & Corner House Creche, 13 East King Street, Helensburgh
- Jean's Bothy-102 East King Street, Helensburgh

Mid Argyll & Kintyre

- Kintyre Foodbank- Unit 3, Mull of Kintyre Industrial Estate, Albyn Avenue, Campbeltown
- Tarbert Pantry/Soup Group, 1 Kintyre Place, Tarbert
- Mo-Ma (Moving On-Mid Argyll), Ardrishaig/Lochgilphead

Islay

- Islay Foodbank, Isle of Islay

Bute and Cowal

- Hub Grub/Recovery Café, Dunoon
- Bute Oasis Foodbank, 6 Argyll Street, Rothesay
- Bute Advice Centre, 22/26 Bishop Street, Rothesay
- Maxie Richards, The King's Court, Tighnabraich

Oban, Lorn & the Isles

- Hope Kitchen, 2 Argyll Street, Oban
- Mull and Iona Community Trust, An Roth Community Enterprise Centre, Craignure, Isle of Mull
- SOLAR: Tìree Food Project, pop up 'Community Cupboard' is located in the old phone box in Scarinish