



**A&B** Transforming  
**HSCP** Together  
Argyll & Bute Health & Social Care Partnership



## **We invite you all to the Living Well in Oban, Lorn and the Islands Event**

**On Tuesday 14<sup>th</sup> May, Drop in from 1pm till 2.30pm  
At the Rockfield Centre, Oban**

We would like as many members of the public as possible, to come along to find out more about the OLI Living Well Network.

There will be information and advice from many sources, including support that is freely available from charities, NHS and Argyll and Bute Council.

### **Gather information from; -**

MCR Pathways – Mentoring,  
Argyll and Bute Befrienders,  
Pain Association Scotland,  
Children and Families, Service Improvement Officer,  
Community Link Worker,  
Client Support Adviser - Social Security Scotland,  
North Argyll Carers Centre,  
Technology Enabled Care,  
Crossroads North Argyll  
Argyll and Bute Council – Welfare Rights,  
MECOPP Support and Development,  
Argyll Wellbeing Hub  
Living Well Network

TSI,  
Waverley Care,  
Healthy Options,  
Linking Lives,  
Oban Youth Café,  
Home-Start Lorn,  
Oral Health Team,  
Allenergy,  
Breathing Space,  
NHS Public Health,  
Age Scotland.  
We Are With You  
Hope Kitchen

Email your Living Well Network Coordinator, Carol on [tcmhwn@gmail.com](mailto:tcmhwn@gmail.com) for more information about any of the organisations listed above.