

Cathy Grant



My name is Cathy Grant, I am tenant Chair of the volunteer Board of ACHA.

I live in Glendaruel which is about 15miles from Dunoon.

My background is in health and social care but I have now been retired for a number of years.

I became a Board member because I feel it's important to put something back. I really enjoy being on the Board and have learned so much in the last few years. I have volunteered in various guises, over the years, my first being at Quarriers Homes in Bridge of Weir when I was 14. That was a good few years ago !!

The Board takes up a fair amount of my time but I also enjoy walking, going to the theatre, especially musicals, the gym, good for mental well-being, and spending time with the important people in my life.